# VOICES 20 21 OF HEALTH

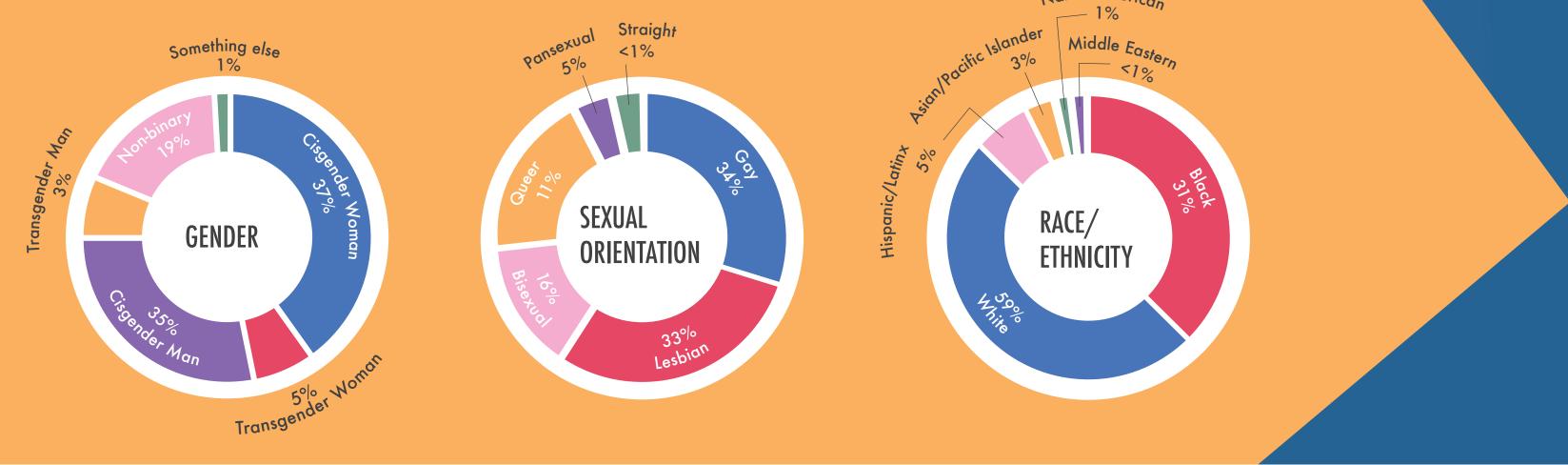
# **LBGTQ** Aging **Health Access and Experience**

Rainbow Health Minnesota's Voices of Health is the only annual LGBTQ community health and wellness survey in Minnesota.

In 2021, **1,341** Minnesotans completed the Voices of Health survey. 10% of respondents were age 50 and up. We asked respondents questions considering their preferences of supports and services they may need as they age. This snapshot highlights the experiences of LGBTQ older adult and aging Minnesotans.

## **Read the full report on rainbowhealth.org**

Native American



### **Confidence in Providers**

**36%** of LGBTQ adults over 50 have total confidence that they will be treated with dignity and respect **58%** have some confidence that they will be treated with dignity and respect by providers as they age

**3%** have no confidence that they will be treated well, **3%** are unsure

### **Aging Service Preferences**

77% of LGBTQ Minnesotans age 50+ reported affordability as important for selecting aging services

**78%** listed quality of services as important for selecting services

66% identified being LGBTQ welcoming or knowledgeable as important for selecting services

Overall, LGBTQ Minnesotans over 50 preferred aging services that were prepared to serve everyone in the community, but were LGBTQ welcoming. For support groups, a higher percentage of respondents preferred LGBTQ-specific groups.