

# VOICES OF HEALTH

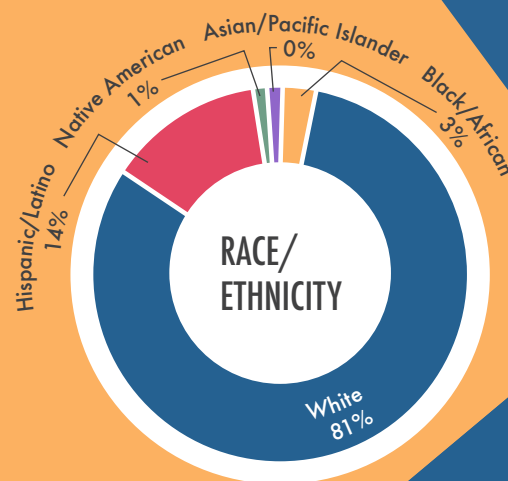
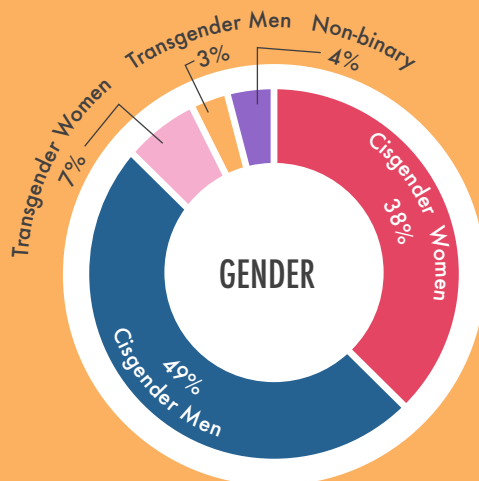
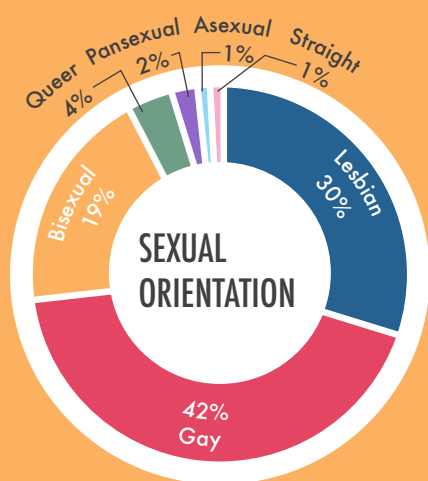
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## LGBTQ Aging Health Access and Experience

Rainbow Health Minnesota's Voices of Health survey is the only annual LGBTQ community health and wellness survey in Minnesota.

In 2020, 2,806 Minnesotans completed the Voices of Health survey. 10% (278) respondents were age 50 and up. We asked respondents age 50 and up questions about their preferences and opinions about aging-related services.



### 65% of LGBTQ respondents age 50 and up have filled out a Minnesota Health Care Directive.

A health care directive allows you to give instructions for your health care so that treatment decisions can be made according to your wishes when you cannot speak for yourself. This is also known as a living will or power of attorney for health care.

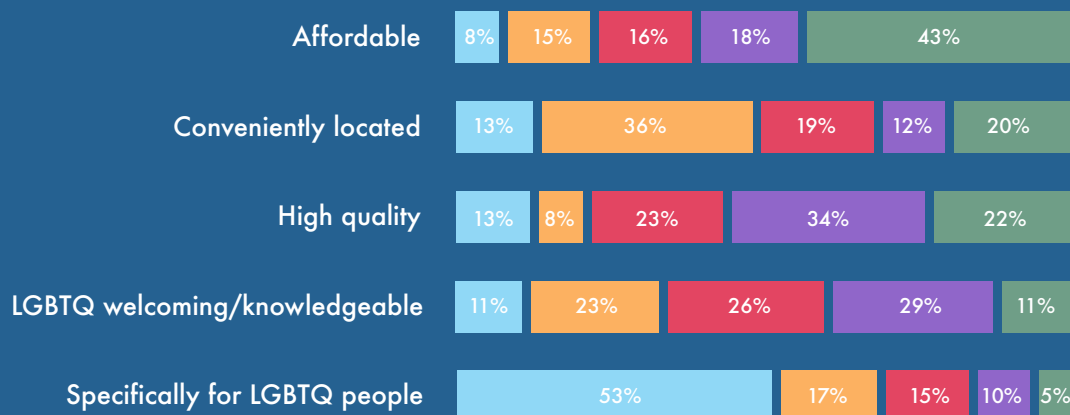
LGBTQ Minnesotans over 50 want aging services that are prepared to serve LGBTQ people, whether that's services for the entire community that are LGBTQ welcoming, or LGBTQ-specific services. Almost always over half prefer services that serve the entire community but are LGBTQ welcoming. However, more LGBTQ older adults would prefer support groups that are LGBTQ-specific over open groups that are LGBTQ welcoming.

DATA

	Specifically designed for LGBTQ community	Serve the entire community but are LGBTQ welcoming	No Preference
Home services (meal delivery, transportation, chore help, etc.)	17%	72%	11%
Healthcare clinic	28%	62%	10%
Home health care	33%	59%	8%
Nursing home	36%	55%	9%
Housing	28%	65%	8%
Retirement house	36%	52%	12%
Community senior center	34%	56%	9%
Support Group	49%	40%	11%
Adult day services	33%	55%	12%

## What will be most important to you when selecting services as you age?

Least important
Less important
Neutral
More important
Most important



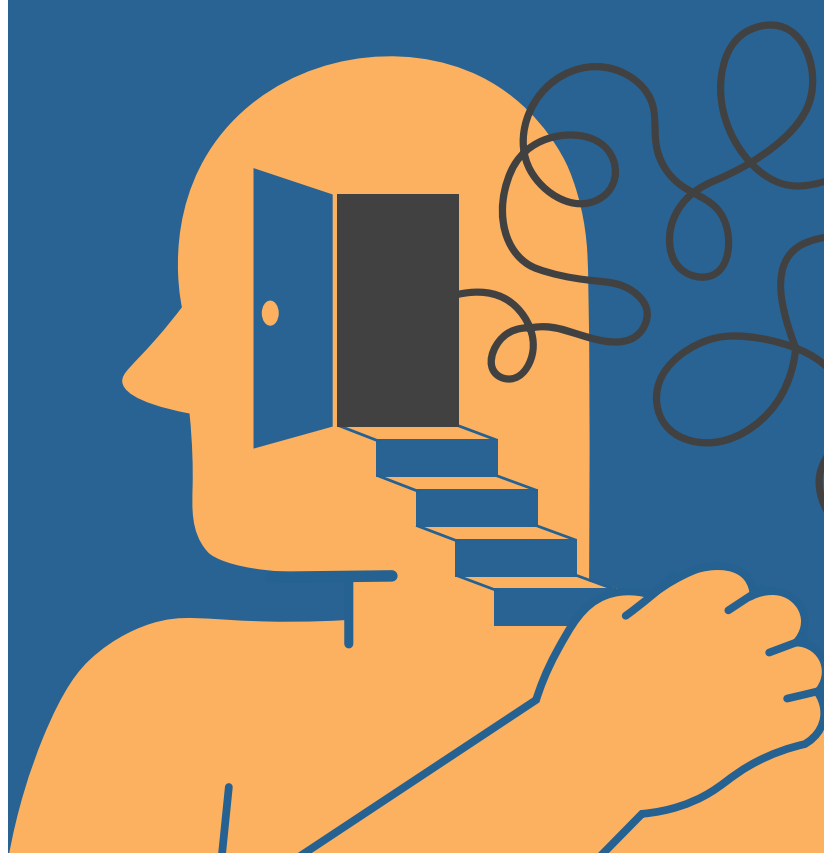
Affordability and quality are the top two factors that LGBTQ older adults report will be most important when selecting services as they age, followed by being LGBTQ welcoming or knowledgeable. Respondents weren't as concerned with services being specifically for LGBTQ people.

**LGBTQ older adults expect they will be treated with dignity and respect as LGBTQ people by their health care professionals as they age.**

**36%** of LGBTQ older adults have total confidence that they will be treated with dignity and respect

**58%** have some confidence they will be treated with dignity and respect

**3%** have no confidence they will be treated well, and 3% are not sure



### **In their lifetime:**

**45%** of LGBTQ older adults have had to teach a healthcare provider about LGBTQ people to get appropriate care

**24%** have had a provider refuse to provide healthcare

**37%** have had a provider ask unnecessary or invasive questions about their LGBTQ identity unrelated to the reason for the visit

**30%** have had a doctor use harsh or abusive language at an appointment

**26%** have had a doctor be physically rough or abusive at an appointment